

Guide to submitting recipes for your CPSRs

This is a basic guide to provide advice on how you would normally submit your recipes to us – if you aren't sure about something, please just explain in your own words when you submit your recipes – there are no strict/fixed rules - if we need to get back to you to clarify anything, we are happy to do so – no problem.

In general –

You can submit your recipes in %ages if you are happy to calculate these – if not, the following applies -

For essential oils and fragrance, you can use drop measurements if you don't have accurate scales – 20 drops EO / FO per 100g of product is equivalent 1%

For solid ingredients we need weight in g

For liquid oils – if you are measuring in ml, we can convert to weight in g for you.

Please note – measurements such as “Teaspoon”, “pinch”, “cups” are not acceptable

If you are using a fragrance oil, we need to see the supplier details – for example

E.g. Mango fragrance oil – Supplier Soap kitchen UK

If you are using colours, we need to see the INCI or CI references

E.g. JustaSoap Red Pigment - INCI: CI 12490

We need a basic description of what your product looks and smells like and the packaging you use

Please see below for some examples of what you might send

Example of how to submit a recipe (for example balms and oil, bath bombs, bath milks etc. etc.)

Product Name – Lavender Body Balm

Product description – semi-solid balm – neutral colour – lavender fragrance

Container / Packaging – amber glass jar with aluminium screw lid

Formulation – either example below is fine – you don't need to send both

| % | g / ml |
|---------------------------|---------------------------|
| 36% Sweet almond oil | 40ml Sweet almond oil |
| 18% Jojoba oil | 20g Jojoba oil |
| 27% Mango butter | 27g Mango butter |
| 15% Jojoba wax | 15g Jojoba wax |
| 3% Cetyl Alcohol | 3g Cetyl Alcohol |
| 1% Vitamin E | 1g Vitamin E |
| 1% Lavender essential oil | 1g Lavender essential oil |

Product Name – Sparkling Citrus Bath Bomb

Product description – Solid – bright orange colour with lemon peel and glitter – citrus fragrance

Container / Packaging – cellophane bag

Formulation

250g Citric Acid

500 g Sodium Bicarbonate

100g Cornstarch

50g sweet almond oil

Lemon essential oil 10 ml

Sweet orange essential oil 5 ml

May Chang essential oil 3 ml

Dried lemon peel – 25g

Liquid Orange pigment – Supplier Bath Bomb Biz CI 19140 & CI 14700

Crystallina - supplier Bath Bomb Biz – 10g

Example of how to submit a recipe with variants (for example for M&P soaps, CP/HP soaps or lip balms)

Your basic recipe (here you would give the name of your M&P soap base if you were making M&P)

300g Olive Oil
300g Palm Oil
300g Coconut Oil
50g Castor Oil
50g Shea Butter
135g Sodium Hydroxide
300 ml Water

Then details of your range

Lavender Soap

Product description – Solid Soap, pale violet colour, lavender fragrance

Container / Packaging – wrapped in cellophane

Ingredients added to Base recipe (or M&P base)

Lavender essential oil - 30ml

Dried Lavender buds – 10g

Just a Soap Liquid Blue pigment INCI: CI 74160 – 10g

Orange and Cinnamon Soap

Product description – Solid Soap, neutral colour, orange and cinnamon fragrance – dried orange slices on surface

Container / Packaging – wrapped in cellophane

Ingredients added to Base recipe (or M&P base)

Sweet orange essential oil - 20ml

Cinnamon leaf essential oil – 5 ml

Dried Orange Slices for surface decoration – 10g

Kitchen hand soap

Product description – Solid Soap, pale green colour, coffee fragrance – coffee grounds and green clay dispersed in soap

Container / Packaging – wrapped in cellophane

Ingredients added to Base recipe (or M&P base)

Fragrance oil – Supplier - Soapkitchen – “Coffee” - 20ml

Dried ground Coffee 10g

Pumice powder – 10g

Green Clay – Justasoap – 10g

Another Example of how to submit a recipe with variants - Lip balms

Base recipe (you can use your own recipe or you can use a suppliers base product – just provide the name)

Cocoa butter 25g
Shea butter 24g
Beeswax 5g
Sweet almond oil 35ml
Jojoba Oil 10ml
Vitamin E 1g

Peppermint Lip Balm

Product description – Semi-solid balm – neutral colour – peppermint flavour/fragrance

Container / Packaging – Lacquered aluminium 5 ml screw top tin

Ingredients added to Base recipe

10 drops Peppermint essential oil

Vanilla Lip Balm

Product description – Semi-solid balm – neutral colour – vanilla flavour/fragrance

Container / Packaging – Lacquered aluminium 5 ml screw top tin

Ingredients added to Base recipe

15 drops Vanilla flavour oil - supplier Gracefruit

Tutti Frutti Lip Balm

Product description – Semi-solid balm – pale pink colour – fruity flavour/fragrance

Container / Packaging – Lacquered aluminium 5 ml screw top tin

Ingredients added to Base recipe

25 drops Tutti Frutti flavour oil - supplier Fresholi

1g shimmer mica – Supplier Soapkitchen INCI: Mica, CI77891